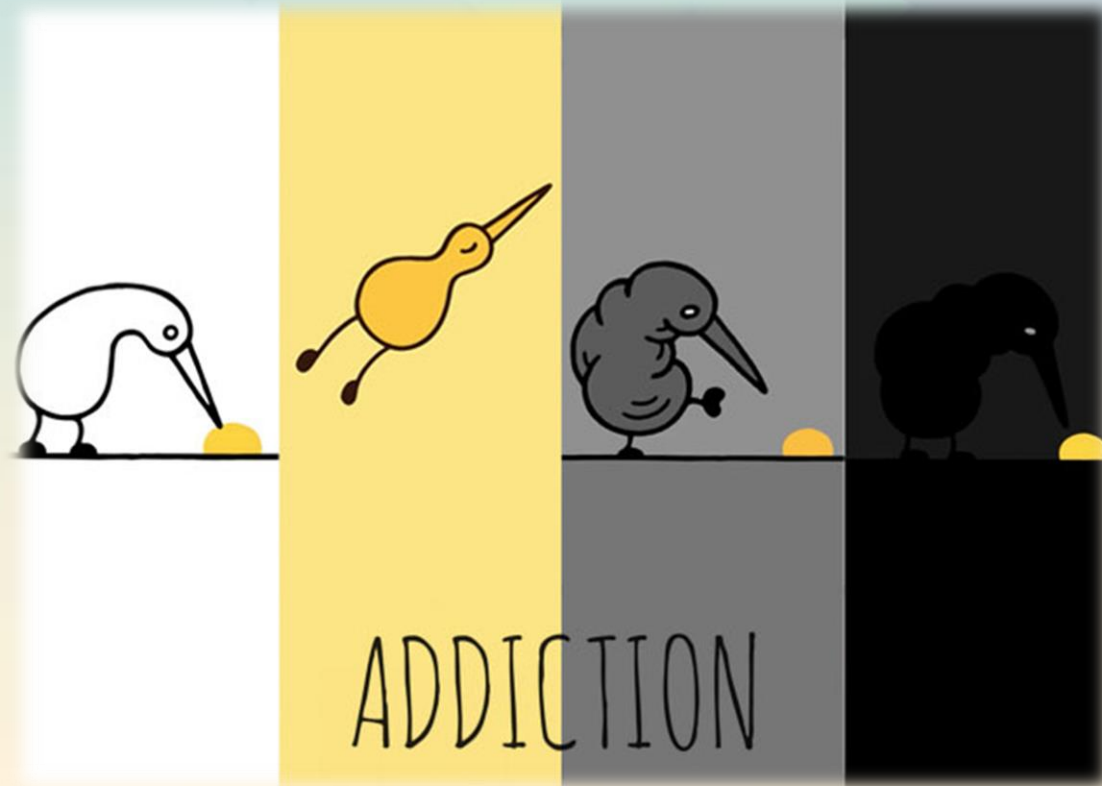


Addiction is a Disease:
Moving from Science to success in
Healing to Wellness Programs

Lori Vallejos, LCSW, TLPI Consultant

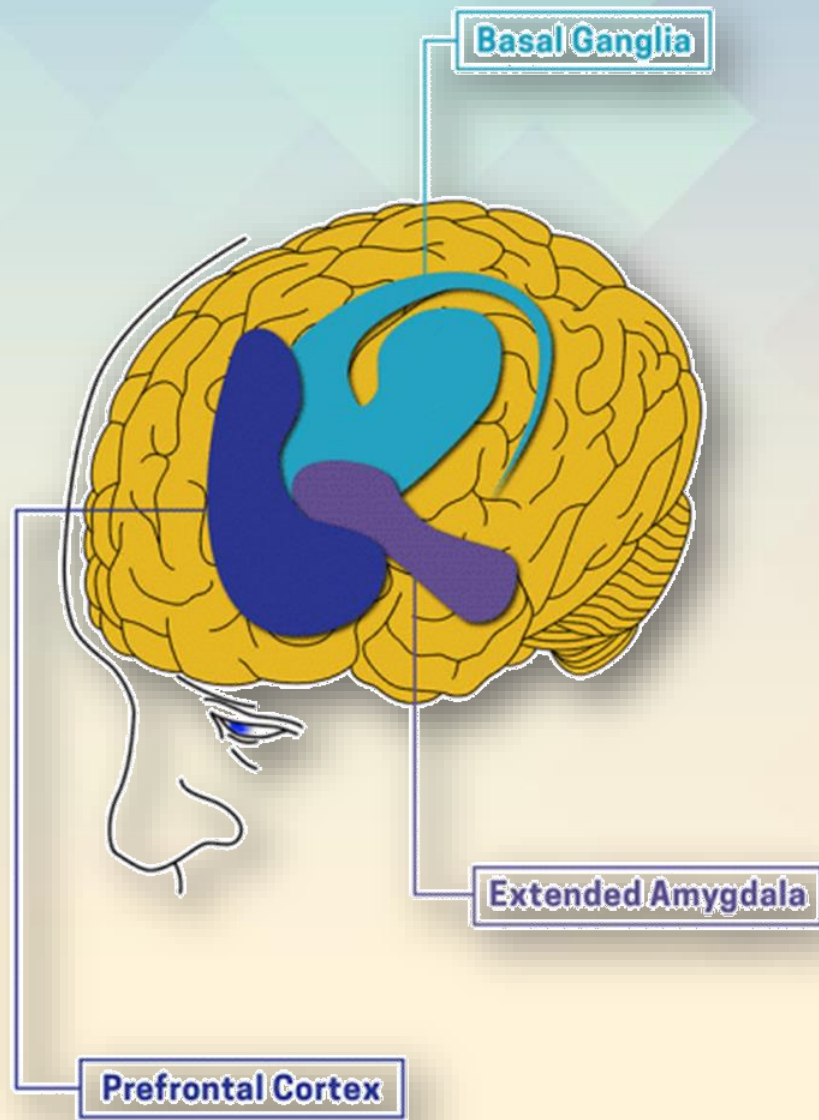
Session Objectives:

- Participants will know the disease model of addiction and how this relates to our clients in Healing to Wellness Court.
- Participants will be able to identify when adjustment are necessary in order to respond to clients behaviors.
- Participants will learn what is necessary for clients to be successful in their recovery not only while in the program but for long recovery.



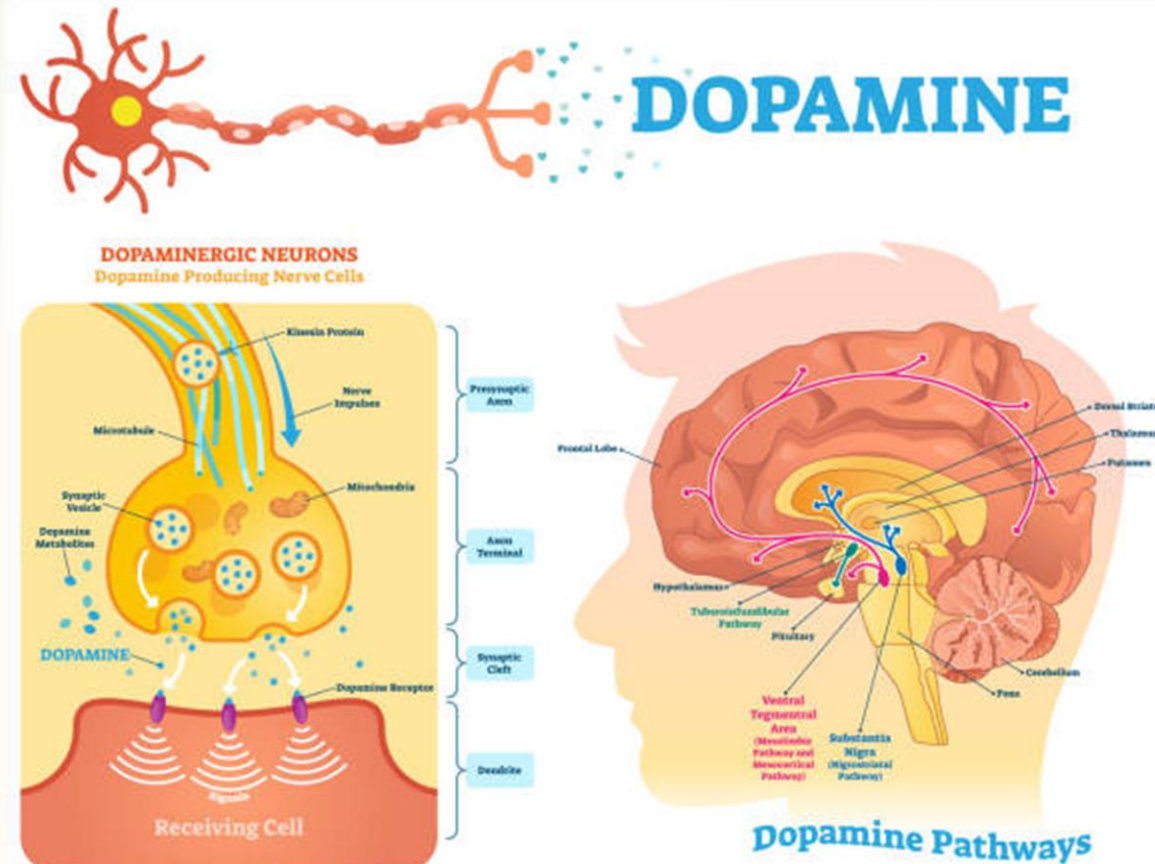
<https://www.youtube.com/watch?v=HUnGLgGRJpo>

- What are your thoughts on the video?
- How is this like your clients that you may see in your courts?



Source: Facing Addiction in America:
The Surgeon General's Report on
Alcohol, Drugs, and Health

Brain Dopamine Receptors



How do people recover?

- Non Clinical
 - Clinical
- Self-Management



SAMHSA 4 Major Dimensions

- Health: Defined as overcoming or managing one's disease(s) or symptoms by making informed, healthy choices that support physical or emotional well-being.
- Home: Defined as have a safe and stable place to live.
- Purpose: defined as conducting meaningful daily activities such as a job, school, volunteering, family care taking or creative endeavors. Having independence , income and resources to participate in society.
- Community: Having relationships and social networks that provide support friendship, live and hope.

Recovery Capital



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- Internal and external resources that can be drawn upon to initiate and sustain recovery
- Must encompass more than a clinical approach, to include family and community for long term sobriety.

8 Domains of Recovery Capital

Personal
Social
Community
Emotional

Commitment
Barriers
Unmet Needs
Well-Being



Questions?

Thank You!

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