Ethics in Healing to Wellness
Courts
2017 NADCP CONFERENCE
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“Ethics”? Meaning?

Merriam-Webster

- The discipline of what is good and bad with moral duty and obligation
- The principles of conduct governing and individual or group
- Guiding philosophy
Ethics – A Matter of Common Sense?

- Multidisciplinary approach to treatment
- Each discipline has own rules, guidelines, and expectations
- Privacy Laws
- Cultural differences
- Jurisdictional differences
- Times are a changin’
- Sometimes it isn’t a matter of common sense
The Case for Ethical Rules and Guidelines

- Positions of power and authority over others
- Positions of trust
  - Highly vulnerable clients
  - High need clients
- Helps with the multidisciplinary approach
- Helps with transition from adversarial structure
- Manage expectations of others
- Manage expectations for ourselves
What you talkin’ ‘bout?
Drug Court judge's daughter among 10 arrested on pot charges in Wilmette

June 03, 2013 | By Gregory Trotter | Tribune reporter
For those of us needing more encouragement ...

- Core Competencies
- Codes of Conduct
- Confidentiality Requirements
## Important to Keep in Mind

### Differences – Silos vs. Circles

<table>
<thead>
<tr>
<th>Traditional Court</th>
<th>Drug Court</th>
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<tbody>
<tr>
<td>Focus: Offense</td>
<td>Focus: Behavior behind Offense</td>
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<tr>
<td>Punishment determined by sentencing range</td>
<td>Individualized treatment plan</td>
</tr>
<tr>
<td>Judicial interaction limited</td>
<td>Increased judicial interaction</td>
</tr>
<tr>
<td>Minimal post sentence interaction</td>
<td>High post sentence interaction</td>
</tr>
<tr>
<td>Remove offender from community</td>
<td>Offender remains in community</td>
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Shared Core Competencies among Disciplines - Examples

- Fully participates as team member; committed to program, mission and goals
- Operating in a non-adversarial manner, promoting a sense of unified team presence
- In appropriate non-court settings, advocates for effective incentives and sanctions
- Monitor participant progress within boundaries
- Knowledgeable about addiction
- Community education about program and efficacy
Judicial Core Competencies - Examples

- Program advocate by utilizing community leadership role to create interest and develop support
- Leads the team to develop protocols and procedures
- Aware of impact substance abuse has on the court system, the lives of offenders, their families and community
- Encourages the education of peers, colleagues, judiciary in the efficacy of Drug Courts
Prosecutor Core Competencies - Examples

• “Gate keeper” – maintains eligibility standards while participating in a non-adversarial environment

• **Focus on the benefits of therapeutic outcomes**
Defense Counsel Core Competencies - Examples

• Evaluates defendant’s legal situation and ensures protection of defendant’s legal rights
• Effectively advises defendants of their legal rights, options, treatment options, program conditions and sentencing outcomes while developing a relationship with the defendant that promotes the defendant’s long term best interest
• **Focus on the benefits of therapeutic outcomes**
Treatment Core Competencies - Examples

- Timely and competent evaluation process
- Treatment progress reporting
- Training in substance abuse, addiction and treatment to provide team a meaningful foundation
Community Supervision Core Competencies - Examples

• Coordinated and comprehensive supervision to minimize participant manipulation and splitting of program staff
• Drug testing and supervision
• Timely compliance reporting
Delving Deeper – The Ethics of It

- Competencies are aspirational
- My conduct is governed by my professional rules of conduct
- Focus on Judges, Attorneys and Treatment
Judicial Ethics – ABA Model Rules

- Judicial Cannons
- Ex Parte Communications
- Independent decision
- Neutrality
- Due Process
Ex Parte Communication – Case Staffing

- Therapeutic court exception
- A judge may initiate, permit, engage in or consider ex parte communications expressly authorized by law, such as when serving on a therapeutic or problem-solving courts, mental health courts, or drug courts. In this capacity, judges may assume a more interactive role with parties, treatment providers, probation officers, social workers, and others.
  - Comment 4 on ABA Rule 2.9
Independent Decision & Duty to Decide: Coordinated Response

- Staffing – discuss participant progress and reach **consensus** regarding incentive or sanction
- Judge has ability to reject or modify **recommendation** based upon facts presented by the participant in court
- Final decision must always remain with the judge
Neutrality

- Impartial does not mean indifferent
- Be aware of transference and countertransference potential
- Different focus
  - HTWC – Compliance with treatment – behavior modification
  - Traditional Court – Dispute between parties
Due Process

• Still applies: Notice and meaningful opportunity to respond
• Process for responding to recommendations for sanctions/incentives
• Loss of liberty and termination from drug court
Prosecutorial and Defense Counsel Ethics – Shifting Focus

• Once a participant is accepted into HTWC Court the focus is on participant recovery, compliance with the law and reintegration into the community not the merits of the case.

• Still maintain distinct roles but have shared goal of addressing dependence and reduction/elimination of defendant’s engagement in criminal justice system.
  • Prosecutor – Public safety by ensuring eligibility and program compliance.
  • Defense – Due Process protection and encouraging full participation.
NAADAC – Association for Addiction Professionals: An Example

- General Considerations
  - Allow others to choose their own destiny
  - Responsibility to observe and obey legal and ethical directives

- Competence

- Limits of Confidentiality
  - Mandated counseling – explain limits and respect client autonomy
Cannot withhold reports to referral agencies regarding client treatment/progress when reports are needed for legal purposes simply due to non-payment

Release only essential information when circumstances require
Inform the client when the Provider is a participant in a multidisciplinary care team providing coordinated services to the client. The client shall be informed of the team member’s credentials and duties, information being shared, and the purposes of sharing client information.”
Applying the ABA Model Rules
Competence

- Understanding of the Drug Court model to provide proper advice
- Interdisciplinary training to understand nature of substance abuse and treatment options
- Experienced practitioners should be assigned
Scope of Representation

- Decision to enter Drug Court – defense counsel should ensure the option of Drug Court is extended to all eligible defendants and provide adequate basis for exercising that option; competent informed decision
- Decision to enter Drug Court is that of the defendant so long as decision is made knowingly
Prosecutorial Discretion and Victim’s Rights

- Entry into Drug Court – Prosecutorial Discretion
  - Consider foregoing charges that might be appropriate in absence of Drug Court – negatively impacting eligibility
  - Not a promise not to charge
- Victim’s Rights
  - Victims deserve the same considerations as traditional court
  - However, confidentiality laws prohibit sharing of information learned in Drug Court
Defense Counsel – HTWC Advisement

• Proper advisement on overall nature
• Effect of participation on expectations of confidentiality
• Structure of legal representation
• Attorney still has duties of competent, diligent, and loyal representation – primary function shifts to staffing
• Does not mean every sanction is challenged – sanctions should continue to serve participant’s recovery and consistent with sanctions imposed on others for similar violations
Defense Counsel – HTWC Advisement

- If sanction rises to level of loss of liberty—may need to request a separate hearing
- Consider if Defense Counsel represents client overall, or if Defense Counsel represents client only in Wellness Court
A Word About Confidentiality
HIPAA is Not an Excuse

- Health Insurance *Portability* and Accountability Act
  - Consent vs. authorization
    - Consent not necessary uses and disclosures of protected information for treatment, payment and health care operations
    - Authorization required for uses and disclosures of protected health information for other purposes – must be valid authorization
  - Patient has right to request information be sent to a 3rd party
  - HHS Office for Civil Rights – complaint process
Federal Confidentiality is Not an Excuse

- Federal Confidentiality laws have process for authorization/consent for disclosure of information
- Follow them!
Failure to Disclose – An Arizona Story
The Facts

- Psychiatrist referred Client referred for counseling
- Authorization for Counselor to communicate with Psychiatrist
- History: Victim of child sexual abuse, passive suicidal ideation, cutting for attention. During counseling, client disclosed cutting wrists 3x in past year and admitted not disclosing that to psychiatrist
- Diagnosis: Bipolar Disorder, PTSD, Alcohol abuse, Adult Child of Alcoholic Personality Disorder, Borderline Traits
- Medication: Ambien
The Problem

- Failure to document
  - No suicidal risk assessment or safety plan completed
  - No documented substance abuse assessment
  - No documentation of communication with Psychiatrist or attempt to coordinate care

- Insurance denies payment
  - Client signed authorization but covered only “diagnosis”, “treatment plan” and “treatment summary”
  - To obtain payment, counselor released treatment notes
The Sanction by Consent Agreement

- 12 month probation
- Education Courses
  - Diagnosis and assessment
  - Clinical recordkeeping
- Billing Practices
- Practice Monitor
- No Clinical Supervision
- Fines – Stayed

Board commentary: “Incumbent upon Licensee to clearly communicate with Psychiatrist regarding Client’s alcohol abuse in order to ensure that Psychiatrist had the information needed to properly monitor Client’s medications.”
FMI:

- www.ndcrc.org
- [www.healthit.gov](http://www.healthit.gov)
- [www.naadac.org](http://www.naadac.org)
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www.home tlpi.org
www.WellnessCourts.org

THANK YOU