**Ho-Chunk Traditional Values and Spirituality**

The Family Wellness Court’s mission statement states it will utilize Ho-Chunk traditional values and spiritual healing toward you and your family’s journey of wellness and a healthy lifestyle.

To better understand how these aspects are currently a part of you and your family’s lifeways, please respond to the following. The additional aspect of Ho-Chunk traditional beliefs has also been included. Thank you for taking the time to ponder and share this information.

Please use additional pages as needed

1. What is your knowledge of Ho-Chunk traditional values?
2. How have you displayed these Ho-Chunk traditional values in your life and your family’s lives?
3. How do you plan to increase, continue, or implement these Ho-Chunk traditional values into your life and your family’s lives?
4. What is your understanding of Ho-Chunk spiritual healing?
5. How have you displayed Ho-Chunk spiritual healing ways in your life?
6. How do you plan to increase, continue, or implement Ho-Chunk spiritual healing ways into your life and your family’s lives?
7. What is your understanding of Ho-Chunk NAC beliefs?
8. How have you displayed Ho-Chunk NAC beliefs in your life and your family’s lives?
9. How do you plan to increase, continue, or implement Ho-Chunk NAC beliefs into your life and your family’s lives?
10. Do you have a clan/spiritual/family leader with whom you can go to for guidance and/or support? Yes No
11. Do you attend non-Native spiritual events of your support? For example, Catholic, Lutheran or other type of church. If so, what type of church do you attend?
12. Do you understand the Ho-Chunk language?
13. Do you speak the Ho-Chunk language?

**Cultural Levels**

**HCN Tribal Traditional Values and Spirituality**

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**None** = Little

**Some** = Aware of:   
 Clans  
 HCN Own language  
 Several Districts

**Mid-Level** = Knows of:  
 Clans  
 Traditional Court  
 NAC  
 Districts  
 Elders  
 Understands some language  
 Knows words and phrases

**Higher** = Knowledge of:  
 Practices  
 Beliefs  
 Clans  
 Some language speaker

**Highest Leve**l = Extensive:  
 Knows name  
 Traditional Beliefs  
 NAC beliefs  
 Areas  
 Clan Families  
 Language speaker  
 Fully conversational