



Lac du Flambeau Zaagiibagaa Tribal Healing to Wellness Court

NADCP 2019 Tribal Forum

Washington DC

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Lac du Flambeau Tribe
LAC DU FLAMBEAU BAND OF LAKE SUPERIOR CHIPPEWA INDIANS

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Brief Overview of Zaagiibagaa ("budding leaf")

- Located in Lac du Flambeau, Wisconsin
- Joint partnership of Tribal/County courts
- Comprehensive integration of Ojibwe cultural values, activities, and traditions
- Re-engagement of participants through community service and attendance at community-sponsored events



TakeAways From NADCP 2018 - Houston

Kit attended NADCP last year and brought back information to share, including connecting with Judge Allie Greenleaf Maldonado of the Little Traverse Bay Band during the Tribal Forum and information from Carolyn Hardin's presentation on how to make your court more family-centered

Highlighted TakeAways that We Built Upon:

- Customized Incentives
- Relapse Phase as alternative to termination



Customized Incentives

Based on Carolyn Hardin's presentation, we customized our incentives to make them more...

- Family-oriented
- Family-centered
- Culturally-oriented



Relapse Phase as Alternative to Termination

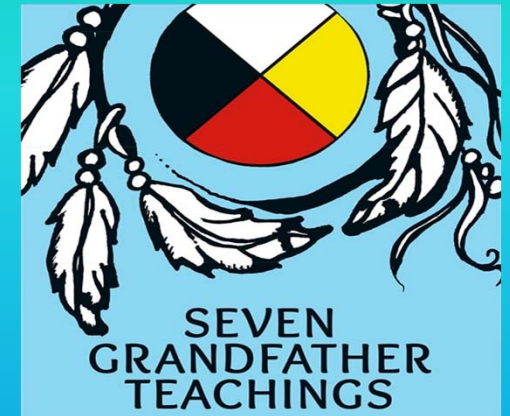
- Phase allows time to consider how to avoid future relapse, understand the causes of the relapse, and how to maintain sobriety
- Four-week phase based on Little Traverse Bay Band materials shared with us after NADCP 2018, and integrating additional EBPs & supports
- Days toward advancement paused while in Phase – “clock is stopped”



Relapse Phase Components

- **Seven Grandfather Teachings**

- Courage -- Respect -- Wisdom
- Love -- Truth
- Humility -- Honesty



- **Relapse Phase Worksheets & Handouts (ASI-MV)**
- **30-Day Contract**
- **Continued Compliance With Regular ZHWC Phase and Program Requirements**



Relapse Phase Contract & Schedule

	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
House arrest with GPS monitoring	X	X	X	X	X	X	X
CAM monitor with no violations	X	X	X	X	X	X	X
House arrest sign posted at residence; random checks; no visitors without approval	X	X	X	X	X	X	X
No transportation of other participants	X	X	X	X	X	X	X
Daily planner check	X	X	X	X	X	X	X
Relapse Prevention Group s & homework			X				X
<u>Continued</u> ZHWC individual & family sessions			X	X	X		
<u>Additional time</u> spent in ZHWC area, as assigned		X	X	X	X	X	X
Attendance at all medical appointments		X	X	X	X	X	
Self Care meetings of 4X per week, with signatures		X	X	X	X	X	X
Self Care face to face contacts 4X per week		X	X	X	X	X	X
Community service with verification		X	X	X	X	X	X
Group text to Case Manager and Therapist at 6 pm		X	X	X	X	X	X
Adhere to all other rules of participation contract		X	X	X	X	X	X



Relapse Phase (continued)

A final project is also required representing the knowledge they gained by completing the phase



Relapse Phase (continued)

- Implemented twice in the past year for six participants
- Four were successfully retained in the program, with one currently in Phase 3, and two who recently graduated!



