Tribal Youth Wellness Courts: Responses to Underage Drinking

Aaron Arnold

Director, Drug Court Programs and Tribal Justice Exchange

Precious Benally

Senior Associate, Tribal Justice Exchange and Drug Court Programs

Adelle Fontanet

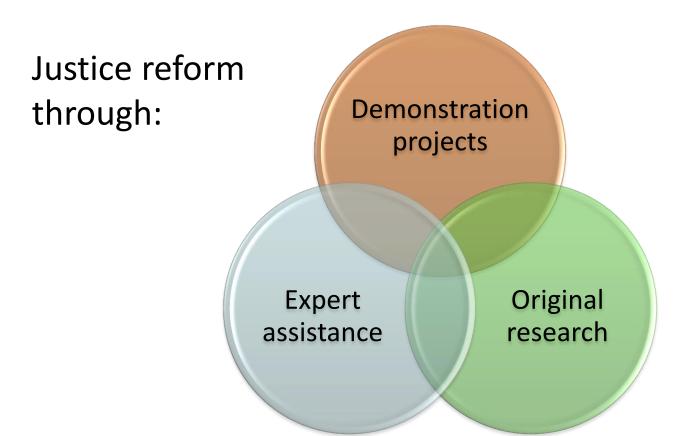
Senior Associate, Tribal Justice Exchange

Who We Are





Center for Court Innovation



Demonstration Projects

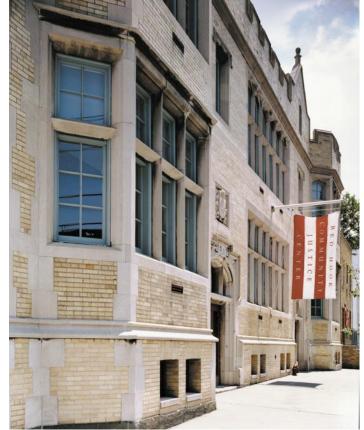
REDHOOK

COMMUNITY

JUSTICE

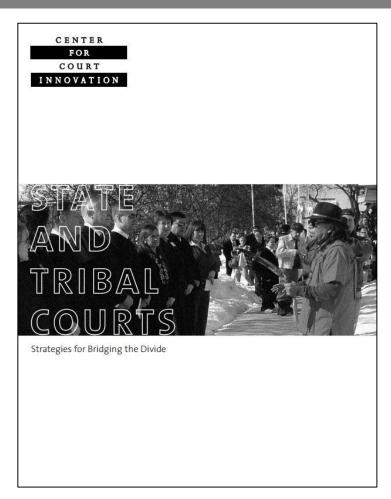
CENTER





Original Research

Planning a Problem-Solving Justice Initiative A Toolkit for **Tribal Communities**



Expert Assistance



Tribal Justice Exchange T/TA

Tribal Training and Technical Assistance

Tribal strategic planning

Needs assessments

Problemsolving strategies

Peacemaking Technical Assistance Tribal
Access to
Justice
Innovation
website

Red Hook and Syracuse Peacemaking Programs

Project Sites

- White Earth Ojibwe
 - White Earth, Minnesota
- Lac du Flambeau Band of Lake Superior Chippewa Indians
 - Lac du Flambeau, Wisconsin
- Winnebago Tribe of Nebraska
 - Winnebago, Nebraska
- Southern Ute Tribe
 - Ignacio, Colorado
- Yurok Tribe
 - Klamath, California



Alcohol Use Among Native Youth

- American Indian and Alaska Native youth are more likely to:
 - Drink younger
 - Drink more heavily
 - Use alcohol with drugs
 - Suffer related consequences
- ➤ Youth who use before 15 are five times more likely to become alcohol dependent

Youth Development

- Adolescents are different
 - Self-Regulation
 - External Influences
 - Present Oriented
- Risk taking behavior is normal
 - Some never offend
 - Most Stop
 - Few Persist



Adolescents are Different

- ► Self-Regulation
 - Brain development
 - Self control vs. emotional reactions
 - Young Men
- Proximal External Influences
 - Immediate rewards
 - Peer Groups
- Present Oriented
 - Future Orientation and Reasoning



Responding to Youth

Youth risk taking behavior is normal



Cognitive differences suggest need for differential treatment

Healthy Development

- ► Three Important Conditions for Healthy Development:
 - Parental figure
 - Peer groups
 - Activities and critical thinking







Healthy Development (cont.)

- Parental figure
 - Problem parents
 - Mentors
- Peer groups
 - Model peer groups
 - Structured vs unstructured
- Critical Thinking
 - Improve decision making



Goals

- ► Enhance the capacity of the HTWCs
- Provide services that are:
 - Comprehensive
 - Developmentally appropriate
 - Community-based
 - Culturally appropriate



Common Themes

- Clarifying process
- ► Continuum of care
 - Trauma-informed services
 - Parenting skills
 - ► Tailored clinical interventions



Common Themes (cont.)

- ► Youth-centered, pro-social activities
 - Traditional and ceremonial practices
 - Parent/Family involvement
- Collaborations
- Data collection and evaluation



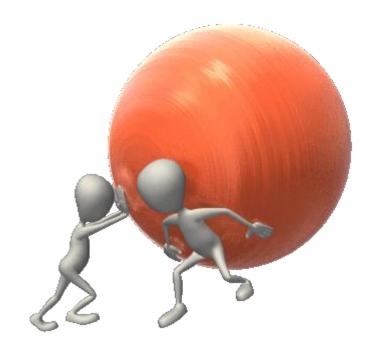
Strengths

- Current capacity
- ► Cultural foundation
- Community volunteers
- Multiagency advisory boards
- Flexibility of tribal justice systems



Challenges

- Screening and assessment
- Access to services
 - ► Resource availability
 - Staffing limitations
 - Transportation
- ► Family engagement
- ► Collaborations



Strategies

- Improved collaboration (MOU/MOA's)
 - Within tribe
 - With county justice system
- Formalizing process
 - Revision of Tribal Code
 - Clear policies, procedures, and roles
- Online-based trainings
 - National Online Learning System
 - TLPI-webinars, HTWC website



Strategies

- Community participation
 - Elder consultation
 - Tribal Council buy-in



- Family engagement in planning process
 - Positive adult mentors and parenting classes

Looking ahead

Use training and technical assistance services (there's no cost!!)

Needs assessment

Strategic planning

Evidence-based practices

Code development



Funding

- Apply for funding if needed
 - BJA
 - OJJDP
 - SAMHSA
 - Private foundations



Resources

- Center for Court Innovation
 - www.courtinnovation.org
- National Council of Juvenile and Family Court Judges
 - www.ncjfcj.org
- Tribal Law and Policy Institute
 - www.tribal-institute.org
- Tribal Judicial Institute (Univ. of North Dakota Law School)
 - http://law.und.edu/tji/
- National Tribal Judicial Center (National Judicial College)

http://www.judges.org/ntjc/

Questions?

Adelle Fontanet

Senior Associate, Tribal Justice Exchange <u>afontanet@nycourts.gov</u>

Precious Benally

Senior Associate, Tribal Justice Exchange and Drug Court Programs

pbenally@nycourts.gov

